

# **OFFICE OF MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES**

## **MISSION**

The mission of the Office of Mental Retardation and Developmental Disabilities (OMRDD) is to help people with developmental disabilities live richer lives. The agency's vision is to assure that people with developmental disabilities enjoy meaningful relationships with family, friends, and others in their lives; experience personal health and growth; and live in homes and fully participate in the communities of their choice.

## **ORGANIZATION AND STAFFING**

Under the direction of a Commissioner appointed by the Governor, OMRDD currently operates through 13 district offices called Developmental Disabilities Services Offices (DDSO). Its Central Office oversees and supports operations of the district offices. OMRDD also operates the Institute for Basic Research in Developmental Disabilities (IBR) on Staten Island. By the end of 2010-11, there will be approximately 37,000 individuals with developmental disabilities residing in community settings funded by the State, with 300 individuals living in developmental centers and approximately 1,050 in special units. Over the past 2 decades, the developmental center population has declined by 8,000.

OMRDD will have a **workforce of 21,857** for 2010-11, most of whom directly support individuals with developmental disabilities. The remainder comprises supervisors of direct support workers, administrative support, and management personnel. This represents a net increase of **89 FTEs** from 2009-10, due to deinstitutionalization efforts to serve individuals in more appropriate community placements, offset by a reduction of 83 FTEs via attrition related to actions to streamline and consolidate various administrative and support functions, as well as restructure certain State-operated services and responsibilities.

## **BUDGET HIGHLIGHTS**

The 2010-11 Executive Budget recommends over **\$4.8 billion All Funds** (\$1.6 billion General Fund; \$3.2 billion Other Funds) for the Office to continue to support a comprehensive system of care serving more than 125,000 persons with developmental disabilities and their families. This is an increase of **\$278 million** from 2009-10, which is largely attributable to increased Federal funding included for trend increases in 2009 and 2010 and the annualization of prior year initiatives, partially offset by savings associated with program efficiencies, as outlined below. The Executive Budget recommendations for 2010-11 preserve essential direct supports and services and maintain high quality of care for individuals with developmental disabilities in both not-for-profit and OMRDD-operated programs.

The overall recommendation maintains the State's commitment to support a wide range of developmentally disabled New Yorkers, including the medically frail, the behaviorally challenged especially those with autism, those who have been placed out-of-State or who are "aging out" of other child care systems, as well as those living at home.

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OMRDD continues to improve the efficiency and cost-effectiveness of its operations and the network of not-for-profit providers it oversees and financially supports. In addition to continuation of the savings actions begun in 2009-10, major new budget actions to promote cost efficiency and rationalize reimbursement include:

- **Restructuring Targeted Case Management Services.** OMRDD will restructure targeted case management services provided through the Medicaid Service Coordination (MSC) Program. Savings of \$6.1 million will be achieved in 2010-11, through restructured not-for-profit (NFP) provider reimbursement and attrition of 13 State MSC positions (a total reduction of 106 positions will be realized from this initiative over a six-year period beginning in 2010-11) to generate an overall reduction of 18 percent of costs. Reforms to the MSC program will include increasing staff caseloads and developing different levels of service that are more closely tailored to individual needs. This proposal will generate full annual savings of \$20.5 million once the reforms are fully implemented.
- **Reforming the Financing of Certain Residential Programs.** The recommendation restructures the financing of residential habilitation services delivered in supervised Individualized Residential Alternative (IRA) programs. This reflects a 3 percent overall reduction effective October 1, 2010. This will generate State share savings of \$12.5 million in 2010-11 that annualize to \$25 million in 2011-12.
- **Managing the Development of Certain Community Residential Opportunities.** OMRDD will realize savings through temporary delays in the development of 66 community residential opportunities, primarily for individuals aging-out of the school system and Children's Residential Placements. This action generates savings of \$4.9 million in 2010-11; however, these savings will gradually decline until 2013-14 when all planned residential opportunities will be fully operational.
- **Streamlining Management Functions.** In 2010-11, OMRDD will save roughly \$1.5 million – annualizing to \$2.0 million in 2011-12 – by refocusing the activities of its Division of Quality Management. OMRDD will transfer 10 positions that are responsible for conducting Medicaid compliance reviews of its not-for-profit provider network to the Office of the Medicaid Inspector General (OMIG), which is charged with improving and preserving the integrity of the Medicaid program. This action is consistent with the directive issued by the Office of Taxpayer Accountability to consolidate duplicative administrative functions within more appropriate “host” agencies. In addition, OMRDD will also be able to generate non-personal service savings by targeting audit efforts and reducing the number of audits conducted by outside contractors.
- **Eliminating Non-Core Research Functions.** OMRDD will streamline activities at IBR by eliminating certain non-core research functions. Specifically, a reduction of 20 research-related positions will occur in areas that are neither core to the OMRDD mission, nor leverage significant grant funding from external sources. This action will produce \$1.5 million savings in 2010-11 that annualize to \$3.0 million and will not affect priority programs and activities, such as Autism research and the operation of the Jervis Clinic.
- **Consolidating DDSO Administrative Functions.** OMRDD will continue actions from 2009-10 to more efficiently carry-out certain DDSO administrative functions through further streamlining and consolidation. Areas to be further examined are business office and human resource activities, as well as training

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and community planning efforts. These actions will result in a reduction of 25 positions and overall savings of \$1.3 million in 2010-11 that annualize to \$2.6 million in 2011-12.

- **Controlling Operational Costs.** In 2010-11, OMRDD will realize over \$20 million in savings by implementing a variety of controls on personal and non-personal services spending that will neither impact quality of care nor the safety of the individuals being supported. Specific actions include managing vacancies of non-critical positions, monitoring food expenditures, consolidating non-residential leases, automating certain administrative processes, reducing utility consumption with energy efficient improvements, and more efficient use of capital resources.
- **Reforming Family Care Services (FC).** Net savings of \$0.2 million in 2010-11 will be achieved through attrition of 15 State positions (a total reduction of 123 positions will be realized when the action is fully implemented). This recommendation reflects administrative efficiencies and restructures the management and oversight of the program. This action will generate full annual savings of \$2.9 million once complete.

The 2010-11 budget also continues the State's commitment to several key ongoing initiatives, including the following:

- **New York State Creating Alternatives in Residential Environments and Services (NYS-CARES) Program.** The Executive Budget continues support for NYS-CARES by including 510 new residential opportunities at a cost of \$15 million in 2010-11. By the end of 2013, 7,800 residential opportunities will have been developed under NYS-CARES which, when coupled with the 37,000 funded community residential opportunities already in the system, will provide significant opportunities for persons seeking an out-of-home residential service option. In addition, there is additional funding to support an expansion of at-home residential habilitation by 1,000 opportunities.
- **Community-Based Services to Special Populations.** OMRDD, in partnership with its not-for-profit provider network, will develop 133 new residential and 1,640 day-service opportunities including employment, to accommodate individuals aging out of educational environments and those in other human services areas, such as nursing homes, at a cost of \$10 million in 2010-11. In addition, 44 new less costly residential opportunities to repatriate children placed out-of-State and to mitigate such future placements will be developed.
- **A Multi-Year Plan to Downsize Developmental Center Capacity by Creating Additional Community Residential Capacity.** OMRDD will expand community residential capacity by 36 residential opportunities for difficult-to-serve individuals who are currently living in institutional settings, including nursing homes. This effort will be complemented by an additional 144 State and not-for-profit residential opportunities in 2010-11. This is part of a long term plan that will help reduce and virtually close the Developmental Centers (DCs) over the next several years, leaving only the special population institutional settings. The Western New York Developmental Center remains scheduled for closure in 2010-11, and will be fully decommissioned by 2011-12. It is expected that the remaining DCs will be fully decommissioned by 2012-13.

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## **PROGRAM HIGHLIGHTS**

OMRDD serves more than 125,000 New Yorkers with developmental disabilities, which include primarily mental retardation, autism, epilepsy, cerebral palsy, and neurological impairments. In recent years, New York has made great strides in improving its methods of delivering services to this vulnerable population, moving more people from institutions to the community than any other state in the nation. In addition, OMRDD continues to place greater emphasis on individual choice and satisfaction and has instituted a recurring survey designed by individuals, families and other stakeholders, which is used to evaluate individuals' satisfaction and the success of residential opportunities under the NYS-CARES program.

Under a 1991 Federal Medicaid waiver, individuals with developmental disabilities have the opportunity to receive individualized services in less restrictive settings. With the aid of trained service coordinators, consumers choose the services they need and receive them in appropriate settings. The HCBS waiver promotes smaller, more natural home environments. Home size has continued to decrease, thereby supporting individualized, quality services. Today, two-thirds of the homes in the community accommodate six people or less; of these, two-thirds accommodate four people or less.

Maintaining a statewide system of services, delivered through both the State and not-for-profit providers, OMRDD:

- Provides approximately 38,000 persons with certified community and institutional residential services. Since 1998, more than 17,000 persons have left the residential registration list for homes in the community;
- Provides about 57,000 persons with community day services; and
- Supports another 43,000 persons who live with their families.

An overview of these services is provided below.

## **RESIDENTIAL SERVICES**

Residential services are offered through a continuum of programs in both community and institutional settings. The alternative that provides the most intensive services in a community setting is the Intermediate Care Facility for the Developmentally Disabled (ICF/DD). These facilities – about 6,100 beds operated statewide by both State and not-for-profit providers – are appropriate for individuals requiring intensive 24-hour care.

The most common residential opportunity for persons under the waiver is in Individual Residential Alternatives (IRAs) – homes, typically for four to eight consumers, operated by either the State or not-for-profit providers in the community. This budget supports more than 27,500 individuals with developmental disabilities living in this setting with accompanying service coordination. Other community living arrangements include Community Residences and Family Care homes, which serve nearly 3,000 people.

In addition to these community-based residential programs, OMRDD operates nine campuses across the State. Approximately 1,350 people will be served in these settings by the end of 2010-11, of which more than 75 percent will be receiving specialized services. OMRDD remains committed to providing community residential opportunities for all those in State institutions who can receive appropriate care in the community. Currently, New York serves more persons in community residential settings than any other state, with the exception of California.

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### **DAY SERVICES**

OMRDD supports an array of day services for persons with developmental disabilities, which also vary depending on the needs of the individuals. The major programs include:

- Day treatment which provides diagnostic, treatment and rehabilitative services;
- Day habilitation, a smaller more individualized service for persons under the Federal Medicaid waiver for home and community based services;
- Supported employment, which provides the opportunity for individuals to work in competitive positions, usually in integrated settings in the private sector;
- Sheltered workshops, which provide basic, non-competitive work opportunities; and
- Day training, which develops the knowledge and skills that enable persons with developmental disabilities to improve their personal, social, and vocational skills and to function independently.

### **SUPPORT FOR CONSUMERS LIVING IN THEIR OWN HOMES**

OMRDD services also support families and individuals with developmental disabilities in their own homes.

The Family Support Services program currently assists over 43,000 persons with developmental disabilities and their families, enabling these individuals to remain at home and receive nearly 73,000 individualized services. Services offered include respite, crisis intervention, case management, recreation, information and referral and home care. Funding for services to individuals with developmental disabilities and families has also been expanded within Family Support Services.

The Individualized Support Services program provides services to 3,000 disabled individuals who live independently. In addition, approximately 10,500 individuals living in their own homes receive residential habilitation under the Federal Medicaid waiver with funding to support an additional 1,500 individuals with developmental disabilities.

The Care-at-Home program provides a third alternative, designed to preserve family settings for persons under 18 years of age with developmental disabilities who are medically frail. This program allows the parents of young persons with severe disabilities to maintain the child at home, regardless of family income level, thereby preventing more costly out-of-home placements.

#### **ALL FUNDS APPROPRIATIONS (dollars)**

<b>Category</b>	<b>Available 2009-10</b>	<b>Appropriations Recommended 2010-11</b>	<b>Change</b>	<b>Reappropriations Recommended 2010-11</b>
State Operations	2,172,410,000	2,259,461,000	87,051,000	3,998,000
Aid To Localities	2,190,982,199	2,369,296,000	178,313,801	923,000
Capital Projects	127,315,000	139,560,000	12,245,000	309,730,000
Total	<u>4,490,707,199</u>	<u>4,768,317,000</u>	<u>277,609,801</u>	<u>314,651,000</u>

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## ALL FUND TYPES PROJECTED LEVELS OF EMPLOYMENT BY PROGRAM FILLED ANNUAL SALARIED POSITIONS

Full-Time Equivalent Positions (FTE)			
Program	2009-10 Estimated FTEs 03/31/10	2010-11 Estimated FTEs 03/31/11	FTE Change
Central Coordination and Support	775	775	0
Special Revenue Funds - Other			
Community Services			
Special Revenue Funds - Other	15,369	15,029	(340)
Institutional Services			
Special Revenue Funds - Other	5,487	5,916	429
Research in Mental Retardation			
Special Revenue Funds - Other	137	137	0
Total	21,768	21,857	89

## STATE OPERATIONS ALL FUNDS FINANCIAL REQUIREMENTS BY FUND TYPE APPROPRIATIONS (dollars)

Fund Type	Available 2009-10	Recommended 2010-11	Change
Special Revenue Funds - Federal	1,751,000	751,000	(1,000,000)
Special Revenue Funds - Other	2,167,640,000	2,255,692,000	88,052,000
Enterprise Funds	2,669,000	2,668,000	(1,000)
Internal Service Funds	350,000	350,000	0
Total	2,172,410,000	2,259,461,000	87,051,000

## STATE OPERATIONS ALL FUNDS FINANCIAL REQUIREMENTS BY PROGRAM APPROPRIATIONS (dollars)

Program	Available 2009-10	Recommended 2010-11	Change
Central Coordination and Support			
Special Revenue Funds - Federal	1,751,000	751,000	(1,000,000)
Special Revenue Funds - Other	117,523,000	120,390,000	2,867,000
Internal Service Funds	350,000	350,000	0
Community Services			
Special Revenue Funds - Other	1,317,036,000	1,368,163,000	51,127,000
Institutional Services			
Special Revenue Funds - Other	706,879,000	740,245,000	33,366,000
Enterprise Funds	2,669,000	2,668,000	(1,000)
Research in Mental Retardation			
Special Revenue Funds - Other	26,202,000	26,894,000	692,000
Total	2,172,410,000	2,259,461,000	87,051,000

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## STATE OPERATIONS - OTHER THAN GENERAL FUND SUMMARY OF APPROPRIATIONS AND CHANGES 2010-11 RECOMMENDED (dollars)

Program	Total		Personal Service	
	Amount	Change	Amount	Change
Central Coordination and Support	121,491,000	1,867,000	62,524,000	1,675,000
Community Services	1,368,163,000	51,127,000	808,821,000	20,954,000
Institutional Services	742,913,000	33,365,000	337,981,000	8,730,000
Research in Mental Retardation	26,894,000	692,000	16,503,000	422,000
Total	2,259,461,000	87,051,000	1,225,829,000	31,781,000

Program	Nonpersonal Service		Maintenance Undistributed	
	Amount	Change	Amount	Change
Central Coordination and Support	57,866,000	1,192,000	1,101,000	(1,000,000)
Community Services	549,226,000	30,173,000	10,116,000	0
Institutional Services	269,802,000	24,635,000	135,130,000	0
Research in Mental Retardation	10,391,000	270,000	0	0
Total	887,285,000	56,270,000	146,347,000	(1,000,000)

## AID TO LOCALITIES ALL FUNDS FINANCIAL REQUIREMENTS BY FUND TYPE APPROPRIATIONS (dollars)

Fund Type	Available	Recommended	Change
	2009-10	2010-11	
General Fund	1,481,898,245	1,607,322,000	125,423,755
Special Revenue Funds - Other	709,083,954	761,974,000	52,890,046
Total	2,190,982,199	2,369,296,000	178,313,801

## AID TO LOCALITIES ALL FUNDS FINANCIAL REQUIREMENTS BY PROGRAM APPROPRIATIONS (dollars)

Program	Available	Recommended	Change
	2009-10	2010-11	
Community Services			
General Fund	1,480,328,545	1,607,322,000	126,993,455
Special Revenue Funds - Other	709,083,954	761,974,000	52,890,046
Community Projects			
General Fund	1,569,700	0	(1,569,700)
Total	2,190,982,199	2,369,296,000	178,313,801

## CAPITAL PROJECTS ALL FUNDS FINANCIAL REQUIREMENTS BY PROGRAM APPROPRIATIONS (dollars)

Comprehensive Construction Program	Available	Recommended	Change	Reappropriations
	2009-10	2010-11		
Design and Construction Supervision				
Capital Projects Fund	5,000,000	5,000,000	0	0
MH Capital Improvements - Authority Bonds	6,000,000	6,000,000	0	3,750,000
Voluntary-Operated Community Facilities				
Capital Projects Fund	9,375,000	10,070,000	695,000	9,375,000
MH Capital Improvements - Authority Bonds	6,450,000	6,710,000	260,000	12,850,000
State-Operated Community Services Program				
Capital Projects Fund	33,645,000	24,255,000	(9,390,000)	30,980,000
MH Capital Improvements - Authority Bonds	15,675,000	29,325,000	13,650,000	57,405,000
Institutional Services Program				
Capital Projects Fund	16,020,000	16,700,000	680,000	53,520,000
MH Capital Improvements - Authority Bonds	34,150,000	40,500,000	6,350,000	141,850,000
Non-Bondable				
Capital Projects Fund	1,000,000	1,000,000	0	0
Total	127,315,000	139,560,000	12,245,000	309,730,000