

# OFFICE OF MENTAL HEALTH

## MISSION

The Office of Mental Health's (OMH) mission is to promote the mental health of all New Yorkers, with a particular focus on providing hope and recovery for adults and children with serious mental illness or emotional disturbances.

## ORGANIZATION AND STAFFING

The Office of Mental Health is headed by a Commissioner who is appointed by the Governor. New York's public mental health system consists of programs that are operated by the Office of Mental Health, as well as community programs certified and funded by the State, but operated by local governments, not-for-profit, and proprietary providers. As the State's mental health authority, OMH gives priority to ensuring access to high quality services for adults and children with severe mental illness or serious emotional disturbances. In addition, OMH promotes overall public mental health through education and advocacy. The agency has four lines of business underpinning these functions:

- **Regulating, Certifying, Financing and Overseeing New York's Public Mental Health System.** OMH oversees 58 local governmental units, one of which covers New York City in its entirety. The agency also regulates and/or licenses more than 2,500 mental health programs operated by local governments and private agencies serving more than 600,000 persons annually, including inpatient, outpatient, emergency, residential and family care, and community support services;
- **Providing State-operated Inpatient and Outpatient Mental Health Services.** OMH is a major provider of intermediate and long-term inpatient as well as outpatient treatment services through a network of 25 psychiatric centers that includes 16 Adult Psychiatric Centers and 6 Children's Psychiatric Centers. OMH operates 3 facilities serving forensic patients involved with the criminal justice system. Additionally, OMH provides mental health services in 23 sites around the State to inmates incarcerated in Department of Correctional Services' facilities;
- **Conducting Basic and Applied Research to Advance Prevention, Treatment, and Recovery.** OMH conducts basic and applied research at the New York State Psychiatric Institute in Manhattan and the Nathan S. Kline Institute for Psychiatric Research in Rockland County, with a focus on identifying interventions that have been proven by scientific research to be effective and that can be incorporated into mainstream practice. New York State's investment in research is augmented by many grants from Federal and other sources through the Research Foundation for Mental Hygiene (RFMH), Inc. Additionally, OMH's Office of Performance Measurement and Evaluation conducts evaluation research and statistical analysis which are used to examine service outcomes, investigate pressing mental health issues, and develop sound approaches for improving service quality and access; and
- **Promoting Public Mental Health through Education and Outreach.** OMH supports a variety of educational activities focusing on the nature and impact of mental illness, effective treatments and services, useful preventive and coping

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strategies, and service accessibility. The agency's information dissemination strategies are designed to reach as many New Yorkers as possible, with a particular focus on high-risk groups.

The Executive Budget recommends a staffing level of **17,127 FTEs**. Most of the Agency's workforce provides direct care services to patients.

### ***BUDGET HIGHLIGHTS***

The Executive Budget recommends **\$3.8 billion All Funds** (\$557 million General Fund; \$3.2 billion Other funds) for the Office of Mental Health (OMH). This is a net increase of **\$35 million** (1.0 percent). The increase is largely attributable to capital projects (+\$130 million) offset by lower local assistance (-\$96 million).

OMH continues to improve the efficiency and cost-effectiveness of its operations and the network of non-profit providers it supports, and seeks areas to reform or restructure activities based on a review of its core mission. Major Budget actions to promote cost efficiency and rationalize reimbursement include:

- **Reducing Cost of Living (COLA) Adjustments:** The recommendation generates savings by reducing the 2008-09 Human Services COLA from 3.2 percent to 2.2 percent prospectively effective January 1, 2009 (saving \$9.5 million). Additionally the Executive Budget recommends no COLA in 2009-10, saving an estimated \$56.5 million. To maintain the long term commitment to this program, a COLA is still planned for 2010-11 and 2011-12, and the Budget recommends extending the COLA for a third year in 2012-13;
- **Aid to Localities Efficiencies:** OMH will restructure a variety of programs, and focus resources to emerging priorities for net savings of \$24 million. Specifically, OMH will increase emphasis on managing Local Assistance spending including freezing the Community Residential Pipeline by halting new planned construction while maintaining the State's commitment to New York/New York III bed development (\$6 million savings). Additionally, OMH will manage new program development resulting in an estimated \$20.8 million savings from projected 2009-10 costs with a focus on reducing and restructuring low and medium priorities and restructuring and deferring higher priorities, based on OMH's review of its core mission. OMH will also encourage county administrative efficiencies (\$1.0 million) that could be recouped by maximizing Federal aid. Also, OMH will renew efforts to ensure that all appropriate third-party revenue standards for providers are maintained, and recover excess State funds associated with State aid letters and exempt income revenue in excess of operating funds, saving an estimated \$8.5 million from 2009-10 projected costs;
- **Continuation of Restructuring Efforts:** OMH will continue implementing the Ambulatory Care restructuring started in 2008-09, which will rationalize the reimbursement of providers of mental health clinical services. Additionally, OMH is undergoing a restructuring of the continuing day treatment program to reform service requirements and focus on best practices modalities, and will establish a peer support center to promote and improve access to peer-run organizations. Also, a new \$6 million Federal grant is designed to improve employment opportunities for individuals with mental illness;
- **Children's Plan:** OMH, working with the other 8 child-serving State agencies, will implement a comprehensive Children's Plan to improve access to services and support best practices models of successful collaboration. The Children's

- Plan implements a series of 11 proposals, including: expanding youth involvement in service delivery; enhancing parent education; improving the identification and treatment of emotional disturbances in children; and increasing the integration of service systems;
- **State Operations Ward Closures and Efficiencies:** OMH will close a total of 450 adult inpatient beds (11 percent of capacity), shifting the staffing resources associated with 150 beds to less costly and more appropriate community programs, and converting 300 adult inpatient beds to a less staffing intensive outpatient residential level of care, called the “Transitional Placement Program” which would provide supports to transition individuals to community care, saving an estimated \$6.1 million in 2009-10 and reducing FTEs by 153. Additionally, aggressive controls on hiring and non-personal service costs will save another \$10.1 million;
  - **Sex Offender Management Treatment Act (SOMTA) Restructuring:** OMH will reduce staffing levels from its current staffing model (2.0:1 staffing ratio) to standards used in civil confinement programs in other states (1.5:1), reducing costs from \$225,000 per bed annually to \$175,000 (22 percent reduction). The recommendation also lowers costs by allowing respondents to remain in DOCS custody during the pendency of court proceedings; and permits video-conferencing of certain judicial hearings to reduce transportation and staffing costs. Combined, these efforts will generate \$11.7 million of savings in 2009-10 and reduce FTEs by 179; and
  - **Forensic Services:** The Executive Budget recommends a 3 year delay in the implementation of the Special Housing Units bill while an assessment of the impacts/effectiveness of the recently added programs serving this population, including enhanced counseling, special treatment beds, and a new Residential Mental Health Unit, is conducted, saving \$8.6 million in 2009-10 and reducing planned FTEs by 86; and \$2.8 million of savings from slower than expected spending for other forensic services.

### **PROGRAM HIGHLIGHTS**

To live successfully, most individuals with serious mental illness need both treatments that manage or eliminate their psychiatric symptoms and support services that address the needs associated with the disabling effects of their illness. Public mental health services are grouped in four major categories across the health care continuum: community support, outpatient, inpatient, and emergency services. In New York State, both State and locally operated programs provide services in each of these four categories:

- **Community Support** helps individuals diagnosed with serious mental illness live as independently as possible in the community, and helps children with serious emotional disturbance remain with their families. These programs provide case management, vocational, self-help, residential and other support services. Although the specific array of community support services differs for adults and children, the goal is always to support successful and full community living;
- **Outpatient Services** provide treatment and rehabilitation in an ambulatory setting, including clinics, partial hospitalization, day treatment for children,

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continuing day treatment for adults, Assertive Community Treatment (ACT), Prepaid Mental Health Plan (PMHP), and Personalized Recovery-Oriented Services (PROS);

- **Inpatient Services** provide acute stabilization and intensive treatment and rehabilitation with 24-hour care in a controlled environment when community services and supports do not meet the needs of adults and children; and
- **Emergency Services** provide rapid psychiatric and/or medical stabilization and ensure the safety of individuals who present a risk to themselves or others. These programs include a range of crisis counseling and residential services, as well as Comprehensive Psychiatric Emergency Programs.

In all mental health settings, the fundamental goal of OMH is to maximize access to quality mental health care for every single New Yorker. This includes bridging the gap between science and service; focusing on accountability for results, best practices, and coordination of care; and eliminating disparities and promoting culturally and linguistically competent services and supports.

### **ALL FUNDS APPROPRIATIONS (dollars)**

<b>Category</b>	<b>Available 2008-09</b>	<b>Appropriations Recommended 2009-10</b>	<b>Change</b>	<b>Reappropriations Recommended 2009-10</b>
State Operations	2,044,063,000	2,045,858,000	1,795,000	1,358,000
Aid To Localities	1,284,531,165	1,188,369,000	(96,162,165)	34,667,000
Capital Projects	446,822,000	576,543,000	129,721,000	1,553,418,000
<b>Total</b>	<b>3,775,416,165</b>	<b>3,810,770,000</b>	<b>35,353,835</b>	<b>1,589,443,000</b>

### **ALL FUND TYPES PROJECTED LEVELS OF EMPLOYMENT BY PROGRAM FILLED ANNUAL SALARIED POSITIONS**

#### **Full-Time Equivalent Positions (FTE)**

<b>Program</b>	<b>2008-09 Estimated FTEs 03/31/09</b>	<b>2009-10 Estimated FTEs 03/31/10</b>	<b>FTE Change</b>
Administration and Finance			
Special Revenue Funds - Federal	11	11	0
Special Revenue Funds - Other	687	677	(10)
Enterprise Funds	10	10	0
Internal Service Funds	20	20	0
Adult Services			
Special Revenue Funds - Other	11,807	11,920	113
Capital Planning			
Capital Projects Funds - Other	41	41	0
Children and Youth Services			
Special Revenue Funds - Other	1,966	2,004	38
Forensic Services			
Special Revenue Funds - Other	2,034	1,954	(80)
Research			
Special Revenue Funds - Other	495	490	(5)
<b>Total</b>	<b>17,071</b>	<b>17,127</b>	<b>56</b>

**STATE OPERATIONS  
ALL FUNDS FINANCIAL REQUIREMENTS BY FUND TYPE  
APPROPRIATIONS  
(dollars)**

<b>Fund Type</b>	<b>Available 2008-09</b>	<b>Recommended 2009-10</b>	<b>Change</b>
Special Revenue Funds - Federal	1,358,000	1,358,000	0
Special Revenue Funds - Other	2,031,429,000	2,033,140,000	1,711,000
Enterprise Funds	8,553,000	8,578,000	25,000
Internal Service Funds	2,723,000	2,782,000	59,000
<b>Total</b>	<b>2,044,063,000</b>	<b>2,045,858,000</b>	<b>1,795,000</b>

Adjustments:

Transfer(s) From	
Special Pay Bill	
Special Revenue Funds - Other	(106,544,000)
Enterprise Funds	(39,000)
Internal Service Funds	(103,000)
Appropriated 2008-09	<u>1,937,377,000</u>

**STATE OPERATIONS  
ALL FUNDS FINANCIAL REQUIREMENTS BY PROGRAM  
APPROPRIATIONS  
(dollars)**

<b>Program</b>	<b>Available 2008-09</b>	<b>Recommended 2009-10</b>	<b>Change</b>
Administration and Finance			
Special Revenue Funds - Federal	1,358,000	1,358,000	0
Special Revenue Funds - Other	108,098,000	104,293,000	(3,805,000)
Enterprise Funds	8,553,000	8,578,000	25,000
Internal Service Funds	2,723,000	2,782,000	59,000
Adult Services			
Special Revenue Funds - Other	1,379,516,000	1,379,185,000	(331,000)
Children and Youth Services			
Special Revenue Funds - Other	218,760,000	220,211,000	1,451,000
Forensic Services			
Special Revenue Funds - Other	238,259,000	243,575,000	5,316,000
Research			
Special Revenue Funds - Other	86,796,000	85,876,000	(920,000)
<b>Total</b>	<b>2,044,063,000</b>	<b>2,045,858,000</b>	<b>1,795,000</b>

**STATE OPERATIONS - OTHER THAN GENERAL FUND  
SUMMARY OF APPROPRIATIONS AND CHANGES  
2009-10 RECOMMENDED  
(dollars)**

<b>Program</b>	<b>Total</b>		<b>Personal Service</b>	
	<b>Amount</b>	<b>Change</b>	<b>Amount</b>	<b>Change</b>
Administration and Finance	117,011,000	(3,721,000)	52,383,000	(4,629,000)
Adult Services	1,379,185,000	(331,000)	768,206,000	(24,205,000)
Children and Youth Services	220,211,000	1,451,000	132,895,000	(4,172,000)
Forensic Services	243,575,000	5,316,000	147,344,000	(4,614,000)
Research	85,876,000	(920,000)	48,294,000	(2,807,000)
<b>Total</b>	<b>2,045,858,000</b>	<b>1,795,000</b>	<b>1,149,122,000</b>	<b>(40,427,000)</b>

<b>Program</b>	<b>Nonpersonal Service</b>		<b>Maintenance Undistributed</b>	
	<b>Amount</b>	<b>Change</b>	<b>Amount</b>	<b>Change</b>
Administration and Finance	64,628,000	4,208,000	0	(3,300,000)
Adult Services	607,814,000	23,874,000	3,165,000	0
Children and Youth Services	87,316,000	5,623,000	0	0
Forensic Services	96,231,000	9,930,000	0	0
Research	37,582,000	1,887,000	0	0
<b>Total</b>	<b>893,571,000</b>	<b>45,522,000</b>	<b>3,165,000</b>	<b>(3,300,000)</b>

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## AID TO LOCALITIES ALL FUNDS FINANCIAL REQUIREMENTS BY FUND TYPE APPROPRIATIONS (dollars)

<u>Fund Type</u>	<u>Available 2008-09</u>	<u>Recommended 2009-10</u>	<u>Change</u>
General Fund	559,327,327	557,292,000	(2,035,327)
Special Revenue Funds - Federal	44,626,000	43,839,000	(787,000)
Special Revenue Funds - Other	680,577,838	587,238,000	(93,339,838)
Total	<u>1,284,531,165</u>	<u>1,188,369,000</u>	<u>(96,162,165)</u>

## AID TO LOCALITIES ALL FUNDS FINANCIAL REQUIREMENTS BY PROGRAM APPROPRIATIONS (dollars)

<u>Program</u>	<u>Available 2008-09</u>	<u>Recommended 2009-10</u>	<u>Change</u>
Adult Services			
General Fund	386,882,016	404,023,000	17,140,984
Special Revenue Funds - Federal	37,564,000	36,777,000	(787,000)
Special Revenue Funds - Other	603,128,000	504,057,000	(99,071,000)
Children and Youth Services			
General Fund	170,872,659	153,269,000	(17,603,659)
Special Revenue Funds - Federal	7,062,000	7,062,000	0
Special Revenue Funds - Other	69,723,000	74,964,000	5,241,000
Enhanced Community Services			
Special Revenue Funds - Other	490,000	500,000	10,000
Community Support and Workforce Reinvestment			
Special Revenue Funds - Other	7,236,838	7,717,000	480,162
Community Projects			
General Fund	1,572,652	0	(1,572,652)
Total	<u>1,284,531,165</u>	<u>1,188,369,000</u>	<u>(96,162,165)</u>

## CAPITAL PROJECTS ALL FUNDS FINANCIAL REQUIREMENTS BY PROGRAM APPROPRIATIONS (dollars)

<u>Comprehensive Construction Program</u>	<u>Available 2008-09</u>	<u>Recommended 2009-10</u>	<u>Change</u>	<u>Reappropriations 2009-10</u>
Design and Construction Supervision				
Capital Projects Fund	2,000,000	2,000,000	0	2,000,000
MH Capital Improvements - Authority Bonds	12,000,000	12,000,000	0	24,392,000
Executive Direction				
Capital Projects Fund	0	0	0	2,445,000
MH Capital Improvements - Authority Bonds	3,717,000	3,717,000	0	6,541,000
Community Mental Health Facilities				
Capital Projects Fund	6,000,000	6,000,000	0	33,777,000
MH Capital Improvements - Authority Bonds	173,555,000	5,630,000	(167,925,000)	803,125,000
Maintenance and Improvements of Existing Facilities				
Capital Projects Fund	34,010,000	29,010,000	(5,000,000)	53,720,000
MH Capital Improvements - Authority Bonds	214,540,000	517,186,000	302,646,000	622,373,000
Non-Bondable				
Capital Projects Fund	1,000,000	1,000,000	0	5,045,000
Total	<u>446,822,000</u>	<u>576,543,000</u>	<u>129,721,000</u>	<u>1,553,418,000</u>